

## The Relationship between Modern Contraceptive Use and Use to Limit:

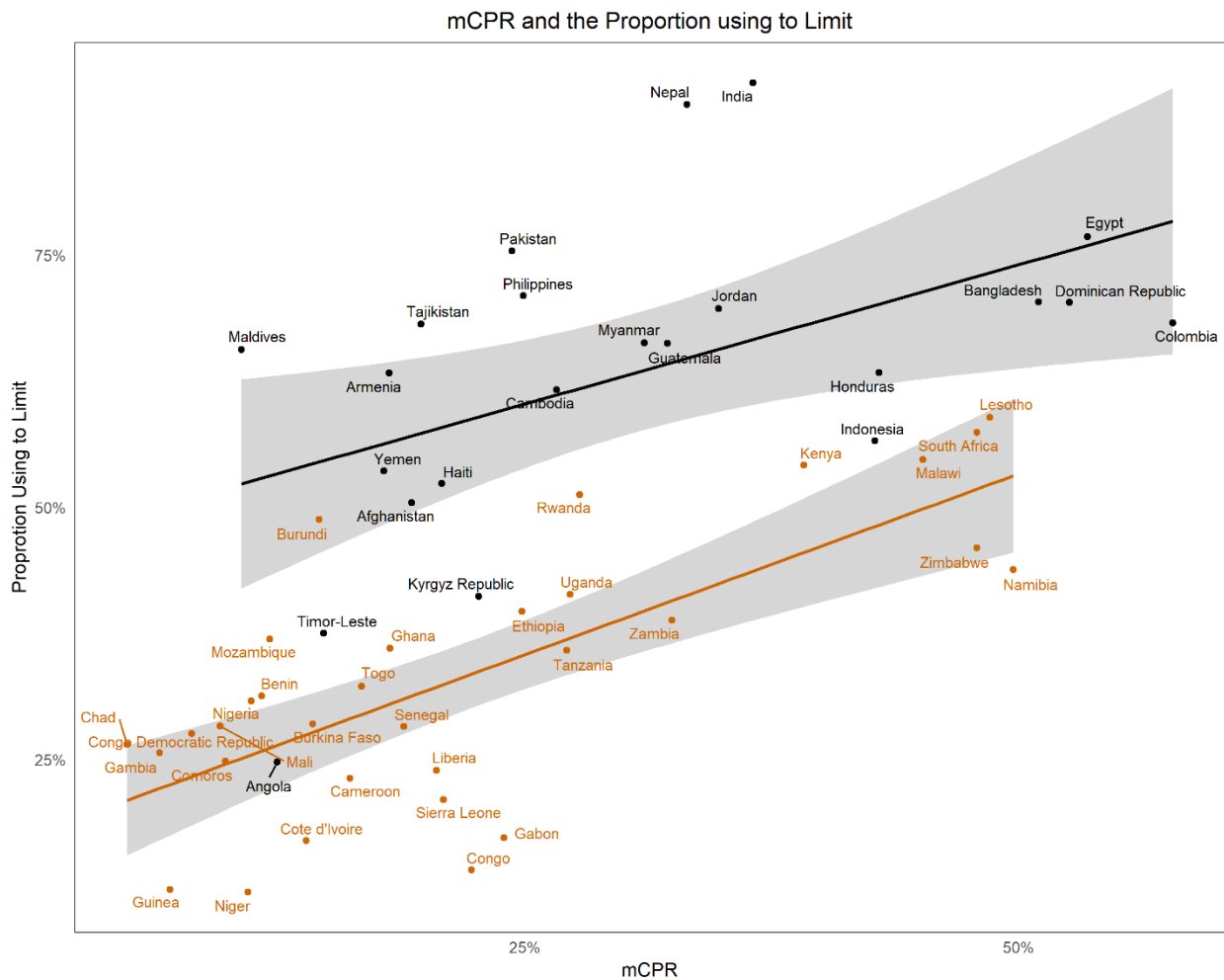
### African Exceptionalism

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Sub-Saharan Africa has achieved a high level of modern contraceptive use while maintaining a high ideal number of children and Total Fertility Rate. Track20 has identified a distinct pattern in sub-Saharan Africa compared to other FP2020 countries- that even when mCPR is high, the proportion of women using contraception to limit future births (as opposed to spacing) is low.



Looking at the proportion of modern methods used for limiting, when comparing countries at the same level of mCPR, countries in sub-Saharan Africa (shown in orange above) are 25 percentage points below other FP2020 countries (shown in black above). For example, if a sub-Saharan Africa country has mCPR of 30%, the proportion using to limit is expected to be 38.4%, but for a different FP2020 country (outside of sub-Saharan Africa), the expected proportion limiting is 63.0%.



Countries with more mCPR for spacing as opposed to limiting are going to have more churn in contraceptive users, as more women will discontinue to become pregnant. These countries will require more providers and short-term methods. Additionally, with most of contraceptive use for spacing, we do not expect the dramatic declines in TFR seen in other FP2020 countries in the past.