

Cameroon

FP2030 Indicator Summary Sheet: 2023 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	Total users of modern methods of contraception*											
	840,000	880,000	920,000	950,000	980,000	1,010,000	1,040,000	1,090,000	1,150,000	1,210,000	1,280,000	1,360,000
	Modern contraceptive prevalence rate (mCP)											
	16.8%	17.1%	17.3%	17.4%	17.3%	17.3%	17.3%	17.6%	18.0%	18.4%	18.9%	19.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	24.4%	24.0%	23.5%	22.8%	22.0%	21.3%	20.6%	20.5%	20.4%	20.2%	20.1%	20.0%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	40.9%	41.7%	42.4%	43.4%	44.1%	44.7%	45.6%	46.2%	46.8%	47.7%	48.6%	49.4%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Married Women	Total users of modern methods of contraception											
	450,000	470,000	480,000	500,000	510,000	510,000	530,000	550,000	580,000	620,000	650,000	690,000
	Modern contraceptive prevalence rate (mCP)											
	14.4%	14.6%	14.7%	14.7%	14.7%	14.6%	14.8%	15.1%	15.5%	16.2%	16.7%	17.4%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	31.3%	30.6%	29.8%	29.0%	28.1%	27.3%	26.5%	26.5%	26.5%	26.5%	26.5%	26.6%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	31.5%	32.4%	33.1%	33.8%	34.3%	34.9%	35.8%	36.3%	36.9%	37.8%	38.6%	39.5%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Unmarried Women	Total users of modern methods of contraception											
	380,000	400,000	430,000	450,000	470,000	490,000	500,000	530,000	550,000	590,000	620,000	660,000
	Modern contraceptive prevalence rate (mCP)											
	21.0%	21.3%	21.6%	21.6%	21.6%	21.2%	21.0%	21.0%	21.2%	21.5%	21.7%	22.1%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	12.5%	12.7%	13.0%	12.7%	12.3%	12.0%	11.8%	11.6%	11.5%	11.3%	11.3%	11.1%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	62.7%	62.6%	62.3%	63.1%	63.6%	63.8%	64.1%	64.4%	65.1%	65.7%	66.1%	66.5%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Number of unintended pregnancies averted due to modern contraceptive use												
	290,000	300,000	310,000	330,000	340,000	350,000	360,000	370,000	390,000	420,000	440,000	470,000
Number of unsafe abortions averted due to modern contraceptive use												
	79,000	83,000	87,000	90,000	93,000	95,000	98,000	103,000	109,000	115,000	121,000	129,000
Number of maternal deaths averted due to modern contraceptive use												
	990	1,000	1,000	1,100	1,100	1,100	1,200	1,200	1,300	1,400	1,500	1,600

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
DHS2	---	---	---	---	---	118,991	491,606	623,950	339,864	549,988	570,922

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	122	2018 DHS
Percent of births that are unintended	23%	2018 DHS

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2021	2021
Estimated Number of Unintended Pregnancies											
330,000	330,000	340,000	350,000	360,000	370,000	370,000	380,000	380,000	390,000	390,000	390,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix

Long-Acting and Permanent Methods	Sterilization (female)	1.3%	Source 2018 DHS
	Sterilization (male)	0.0%	
	IUD	4.4%	
	Implant	12.6%	
Short-Term Methods	Injectable	19.5%	Population All Women
	Pill	6.3%	
	Condom (Male)	52.2%	
	Condom (Female)	0.0%	
	LAM	0.0%	
	Standard Days method	0.0%	
Other Modern Methods		3.8%	

Percentage of facilities stocked out, by method offered, on the day of assessment

Long-Acting and Permanent Methods	Sterilization (female)	0.0%	Source UNFPA SDP Survey
	Sterilization (male)	0.0%	
	IUD	1.0%	
	Implant	4.0%	
Short-Term Methods	Injectable	13.0%	Year 2020
	Pill	10.0%	
	Condom (Male)	59.0%	
	Condom (Female)	n/a	
	Emergency Contraception	0.0%	
	Other modern methods	12.0%	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment			
	60%	UNFPA SDP Survey	2022
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment			
	62%	UNFPA SDP Survey	2022

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**

	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	---
Total discontinuation (all reasons)	---	---	---	---	---	---
Switching to a different method	---	---	---	---	---	---

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**			
	51%	2018 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **			
	19%	2018 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	33%	2018 DHS	---
Private Medical	27%		
Other	39%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **			
	83%	2018 DHS	---

Investment in Family Planning

Annual expenditure on family planning from government domestic budget (USD \$)

Source	2016	2017	2018	2019	2020	2021	2022	2023
FPSA	---	---	---	---	\$ 135,702	\$ 639,234	\$ 819,419	---

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women												
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Married Women												
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Unmarried Women												
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Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

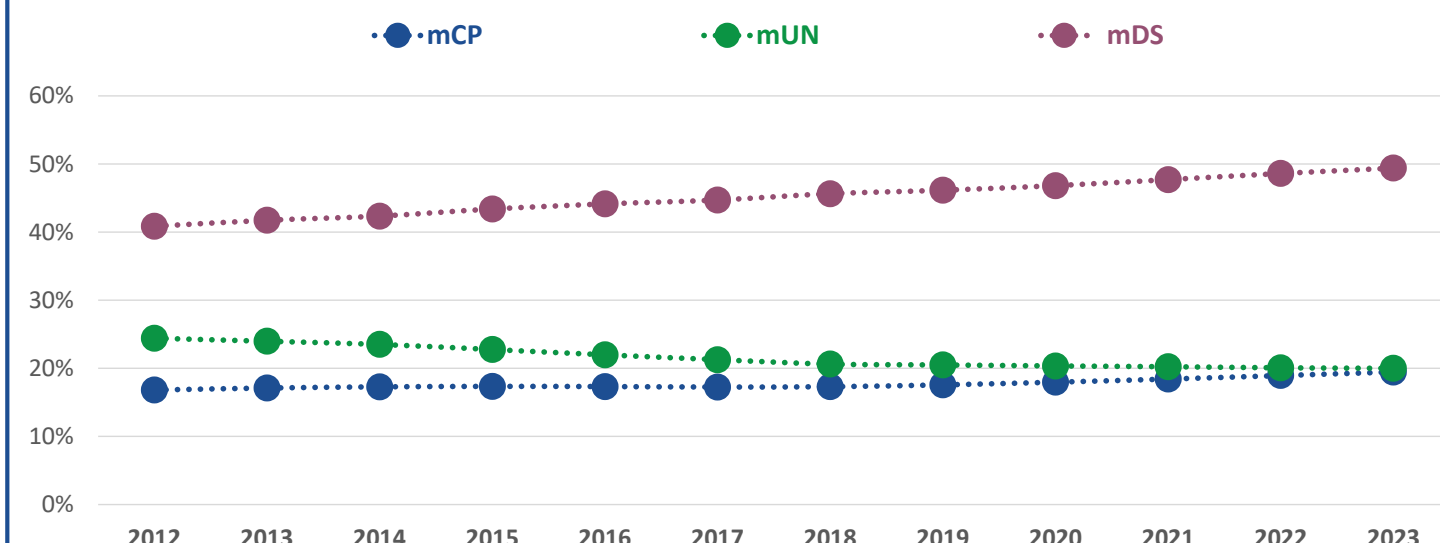
** Additional disaggregation or details available in the full data set.

Cameroon

FP2030 Country Fact Sheet - 2023

	Estimate for 2012	Estimate for 2023
● Total Users of Modern Contraception	840,000	1.4 M
● Modern Contraceptive Prevalence Rate (mCP)	16.8%	19.5%
● Unmet Need for Modern Contraception (mUN)	24.4%	20.0%
● Demand Satisfied for Modern Contraception (mDS)	40.9%	49.4%

Trends in Contraceptive Use, Unmet Need, and Demand Satisfied (2012-2023)



In 2023, we estimate

1,360,000

women are using a modern method of contraception in Cameroon

As a result of modern contraceptive use:

470,000

unintended pregnancies prevented

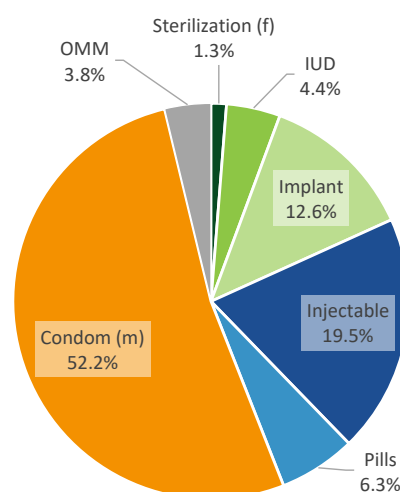
129,000

unsafe abortions averted

1,600

maternal deaths averted

Modern Contraceptive Method Mix



Source : 2018 DHS (All Women)

Data recency: color indicates year of most recent data used to inform estimates

- New : 2018 to Present
- Recent : 2012 to 2018
- Old : Prior to 2012

Note: the population for all indicators is all women of reproductive age (15-49) unless otherwise noted.

Data sourced from FP2030
2023 Measurement Report