

Zambia

FP2030 Indicator Summary Sheet: 2023 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	Total users of modern methods of contraception*											
	1,090,000	1,170,000	1,240,000	1,300,000	1,370,000	1,440,000	1,510,000	1,590,000	1,670,000	1,750,000	1,840,000	1,920,000
	Modern contraceptive prevalence rate (mCP)											
	30.9%	31.9%	32.7%	33.2%	33.7%	34.2%	34.6%	35.1%	35.6%	36.2%	36.8%	37.3%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	20.2%	19.4%	19.0%	18.6%	18.3%	17.9%	17.7%	17.5%	17.1%	16.9%	16.6%	16.4%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	60.5%	62.2%	63.2%	64.1%	64.8%	65.6%	66.2%	66.8%	67.4%	68.1%	68.8%	69.4%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Married Women	Total users of modern methods of contraception											
	900,000	960,000	1,010,000	1,050,000	1,100,000	1,150,000	1,200,000	1,250,000	1,300,000	1,370,000	1,430,000	1,500,000
	Modern contraceptive prevalence rate (mCP)											
	42.8%	44.4%	45.3%	46.0%	46.6%	47.2%	47.7%	48.4%	49.1%	49.9%	50.7%	51.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	26.7%	25.6%	24.7%	24.0%	23.3%	22.6%	22.1%	21.6%	21.1%	20.6%	20.2%	19.7%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	61.6%	63.4%	64.7%	65.7%	66.6%	67.6%	68.4%	69.1%	69.9%	70.7%	71.4%	72.2%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Unmarried Women	Total users of modern methods of contraception											
	190,000	210,000	220,000	240,000	260,000	290,000	310,000	330,000	350,000	370,000	390,000	420,000
	Modern contraceptive prevalence rate (mCP)											
	13.6%	14.0%	14.6%	15.1%	15.7%	16.3%	16.8%	17.2%	17.5%	17.9%	18.1%	18.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	10.6%	10.5%	10.8%	11.0%	11.3%	11.4%	11.8%	11.8%	11.8%	11.8%	11.9%	11.9%
	Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)											
	56.1%	57.1%	57.5%	57.9%	58.3%	58.7%	58.9%	59.2%	59.9%	60.2%	60.4%	61.0%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Number of unintended pregnancies averted due to modern contraceptive use												
	410,000	440,000	460,000	490,000	510,000	540,000	570,000	590,000	620,000	660,000	690,000	720,000
Number of unsafe abortions averted due to modern contraceptive use												
	102,000	109,000	116,000	122,000	128,000	135,000	141,000	149,000	156,000	164,000	172,000	180,000
Number of maternal deaths averted due to modern contraceptive use												
	430	460	490	520	540	570	600	630	660	690	730	760

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
DHS2	816,408	1,062,907	966,319	1,091,942	1,291,241	1,243,560	1,454,633	1,488,640	1,338,706	1,358,177	---

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	135	2018 DHS
Percent of births that are unintended	38%	2018 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2021	2021
Estimated Number of Unintended Pregnancies												
	430,000	440,000	440,000	450,000	460,000	460,000	470,000	480,000	480,000	490,000	490,000	490,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix

Long-Acting and Permanent Methods	Sterilization (female)	2.6%	Source 2018 DHS
	Sterilization (male)	0.0%	
	IUD	1.5%	
	Implant	17.9%	
Short-Term Methods	Injectable	52.8%	Population All Women
	Pill	14.4%	
	Condom (Male)	8.8%	
	Condom (Female)	0.0%	
	LAM	1.2%	
	Standard Days method	0.0%	
Other Modern Methods		0.9%	

Percentage of facilities stocked out, by method offered, on the day of assessment

Long-Acting and Permanent Methods	Sterilization (female)	4.7%	Source UNFPA SDP Survey
	Sterilization (male)	9.5%	
	IUD	31.3%	
	Implant	28.9%	
Short-Term Methods	Injectable	15.2%	Year 2020
	Pill	16.6%	
	Condom (Male)	8.5%	
	Condom (Female)	44.1%	
	Emergency Contraception	74.9%	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment	56%	UNFPA SDP Survey	2020
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment	93%	UNFPA SDP Survey	2020

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**

	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need		7.1%	19.5%	25.7%	14.4%	2018 DHS
Discontinuation while not in need		2.3%	10.4%	14.4%	13.2%	
Total discontinuation (all reasons)		11.6%	34.0%	51.3%	45.2%	
Switching to a different method		2.2%	3.8%	11.1%	16.7%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	69%	2018 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	29%	2018 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	89%	2018 DHS	---
Private Medical	9%		
Other	2%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	89%	2018 DHS	---

Investment in Family Planning

Annual expenditure on family planning from government domestic budget (USD \$)

Source	2016	2017	2018	2019	2020	2021	2022	2023
FPSA	---	---	---	---		\$ 50,785,986	\$ 41,560,937	---

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	---	---	---	---	---	---	---	---	---	---	---	---
Married Women	---	---	---	---	---	---	---	---	---	---	---	---
Unmarried Women	---	---	---	---	---	---	---	---	---	---	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.