# Zambia

Modern Contraceptive Use and Need

## FP2030 Indicator Summary Sheet: 2023 Measurement Report

2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Total users of	modern method	ds of contracept	ion*	,						,	
1,090,000	1,170,000	1,240,000	1,300,000	1,370,000	1,440,000	1,510,000	1,590,000	1,670,000	1,750,000	1,840,000	1,920,000
Modern contra	aceptive prevale	ence rate (mCP)									
30.9%	31.9%	32.7%	33.2%	33.7%	34.2%	34.6%	35.1%	35.6%	36.2%	36.8%	37.3%
Percentage of	women estimat	ted to have an u	nmet need for	modern metho	ds of contracep	tion (mUN)					
20.2%	19.4%	19.0%	18.6%	18.3%	17.9%	17.7%	17.5%	17.1%	16.9%	16.6%	16.4%
	1	ted to have their	1		l	rn method of co		l			
60.5%	62.2%	63.2%	64.1%	64.8%	65.6%	66.2%	66.8%	67.4%	68.1%	68.8%	69.4%
00.570	02.270	03.270	04.170	04.070	03.070	00.270	00.070	07.470	00.170	00.070	03.470
2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Total users of	modern method	ds of contracept	ion	1					1		
900,000	960,000	1,010,000	1,050,000	1,100,000	1,150,000	1,200,000	1,250,000	1,300,000	1,370,000	1,430,000	1,500,000
Ε		ence rate (mCP)		_,,	2,200,000	_,,	_,,	_,	2,010,000	_,,	_,,
42.8%	44.4%	45.3%	46.0%	46.6%	47.2%	47.7%	48.4%	49.1%	49.9%	50.7%	51.6%
8		ted to have an u					40.470	45.170	45.570	30.770	31.070
<u>_</u>	1	1	1	1	1		21.6%	21.1%	20.6%	20.20/	10.70/
26.7%	25.6%	24.7%	24.0%	23.3%	22.6%	22.1%		l	20.6%	20.2%	19.7%
_	1	ted to have their	1		I			1	l ====		
61.6%	63.4%	64.7%	65.7%	66.6%	67.6%	68.4%	69.1%	69.9%	70.7%	71.4%	72.2%
2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
		ds of contracept	1	2010	2017	2010	2015	2020	2021	2022	2023
ā	1		1	250,000	200,000	240,000	220.000	350,000	270.000	200,000	420.000
190,000	210,000	220,000	240,000	260,000	290,000	310,000	330,000	350,000	370,000	390,000	420,000
	aceptive prevale		1								
13.6%	14.0%	14.6%	15.1%	15.7%	16.3%	16.8%	17.2%	17.5%	17.9%	18.1%	18.6%
20	T.	ted to have an u	1	1				I	ı	ı	1
10.6%	10.5%	10.8%	11.0%	11.3%	11.4%	11.8%	11.8%	11.8%	11.8%	11.9%	11.9%
Percentage of	women estimat	ted to have their	r demand for fa	mily planning m	et with a mode	rn method of co	ontraception (m	DS)	ı	ı	
56.1%	57.1%	57.5%	57.9%	58.3%	58.7%	58.9%	59.2%	59.9%	60.2%	60.4%	61.0%
lunus eta ef DA	- d Ct.										
impacts of ivi		a a a sa bis ca I I a	A I	114/0 100 0 10							
	oaern Contr	raceptive Us	e among Al	l Women							
2012					2017	2018	2019	2020	2021	2022	2023
2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Number of uninte	2013 ended pregnanci	2014 ies averted due	2015 to modern cont	2016	I I				1	I I	
Number of uninte 410,000	2013 Inded pregnanci 440,000	2014 ies averted due 460,000	2015 to modern cont 490,000	<b>2016</b> traceptive use 510,000	<b>2017</b> 540,000	<b>2018</b> 570,000	<b>2019</b> 590,000	<b>2020</b> 620,000	<b>2021</b> 660,000	<b>2022</b> 690,000	<b>2023</b> 720,000
Number of uninte 410,000 Number of unsafe	2013 Inded pregnanci 440,000 Readortions aver	2014 les averted due 460,000 ted due to mode	2015 to modern cont 490,000 ern contracepti	2016 traceptive use 510,000 ve use	540,000	570,000	590,000	620,000	660,000	690,000	720,000
Number of uninte 410,000 Number of unsafe 102,000	2013 ended pregnanci 440,000 e abortions aver 109,000	2014 ies averted due 460,000 ted due to mode 116,000	2015 to modern cont 490,000 ern contracepti 122,000	2016 traceptive use 510,000 ve use 128,000	I I				1	I I	
Number of uninte 410,000 Number of unsafe 102,000	2013 ended pregnanci 440,000 e abortions aver 109,000	2014 ies averted due 460,000 ted due to mode 116,000	2015 to modern cont 490,000 ern contracepti 122,000	2016 traceptive use 510,000 ve use 128,000	540,000	570,000	590,000	620,000	660,000	690,000	720,000
Number of uninte 410,000 Number of unsafe 102,000	2013 ended pregnanci 440,000 e abortions aver 109,000	2014 ies averted due 460,000 ted due to mode 116,000	2015 to modern cont 490,000 ern contracepti 122,000	2016 traceptive use 510,000 ve use 128,000	540,000	570,000	590,000	620,000	660,000	690,000	720,000
Number of uninte 410,000 Number of unsafe 102,000 Number of maters 430	2013 Inded pregnanci 440,000 Inded abortions aver 109,000 Inal deaths avert 460	2014   ies averted due   460,000   ted due to mode   116,000   ted due to mode   490	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv	2016 traceptive use 510,000 ve use 128,000 ve use	540,000	570,000 141,000	590,000 149,000	620,000 156,000	660,000 164,000	690,000 172,000 730	720,000 180,000 760
Number of uninte 410,000 Number of unsafe 102,000 Number of mater 430	2013 Inded pregnanci 440,000 Inded pregnanci 400,000 Inded properties Inde properties In	2014 les averted due 1 460,000 ted due to mode 116,000 ted due to mode 490	2015 to modern cont 490,000 ern contracepti 122,000 ern contracepti 520	2016 traceptive use 510,000 ve use 128,000 re use 540	540,000 135,000 570	570,000 141,000 600	590,000 149,000 630	620,000 156,000 660	660,000  164,000  690  Calculated from	690,000 172,000 730 n routine service	720,000 180,000 760 provision data
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr	2013 Inded pregnanci 440,000 Index abortions aver 109,000 Inal deaths avert 460  rotection (CYPs) 2012	2014 les averted due 1 460,000 ted due to mode 116,000 ted due to mode 490  2013	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019	660,000  164,000  690  Calculated from 2020	690,000 172,000 730 7 routine service 2021	720,000 180,000 760
Number of uninte 410,000 Number of unsafe 102,000 Number of mater 430	2013 Inded pregnanci 440,000 Inded pregnanci 400,000 Inded properties Inde properties In	2014 les averted due 1 460,000 ted due to mode 116,000 ted due to mode 490	2015 to modern cont 490,000 ern contracepti 122,000 ern contracepti 520	2016 traceptive use 510,000 ve use 128,000 re use 540	540,000 135,000 570	570,000 141,000 600	590,000 149,000 630	620,000 156,000 660	660,000  164,000  690  Calculated from	690,000 172,000 730 n routine service	720,000 180,000 760 provision data
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2	2013   Inded pregnanci   440,000   Pabortions aver   109,000   109,000   460   2012   816,408	2014 les averted due 1 460,000 ted due to mode 116,000 ted due to mode 490  2013	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019	660,000  164,000  690  Calculated from 2020	690,000 172,000 730 7 routine service 2021	720,000 180,000 760 provision dat 2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2	2013   Inded pregnanci   440,000   Pabortions aver   109,000   109,000   460   2012   816,408	2014 les averted due 1 460,000 ted due to mode 116,000 ted due to mode 490  2013	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019	660,000  164,000  690  Calculated from 2020	690,000 172,000 730 7 routine service 2021	720,000 180,000 760 provision da 2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2	2013   Inded pregnanci   440,000   Pabortions aver   109,000   109,000   460   2012   816,408	2014 les averted due 1 460,000 ted due to mode 116,000 ted due to mode 490  2013	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  routine service 2021 1,358,177	720,000  180,000  760  provision da  2022
Number of uninte 410,000 Number of unsafe 102,000 Number of mater 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 ended pregnanci 440,000 e abortions aver 109,000 enal deaths avert 460 rotection (CYPs) 2012 816,408	2014 lies averted due 1 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020	690,000 172,000 730 7 routine service 2021	720,000  180,000  760  provision da  2022
Number of uninte 410,000 Number of unsafe 102,000 Number of mater 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 ended pregnanci 440,000 e abortions aver 109,000 enal deaths avert 460 rotection (CYPs) 2012 816,408	2014 lies averted due 1 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service 2021 1,358,177	720,000  180,000  760  provision da  2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 Inded pregnanci 440,000 Inded pregnanci 440,000 Inded protections aver 460 Inded protection (CYPs) 2012 816,408 Inded protection (CYPs) 2012 Inded protection (CYPs) 2014 Inded pregnancia Index pregnancia In	2014 ies averted due ' 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service 2021 1,358,177	720,000  180,000  760  provision da  2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 Inded pregnanci 440,000 Inded pregnanci 440,000 Inded protections aver 460 Inded protection (CYPs) 2012 816,408 Inded protection (CYPs) 2012 Inded protection (CYPs) 2014 Inded pregnancia Index pregnancia In	2014 ies averted due ' 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service 2021 1,358,177  Soul	720,000  180,000  760  provision da 2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 Inded pregnanci 440,000 Inded pregnanci 440,000 Inded protections aver 460 Inded protection (CYPs) 2012 816,408 Inded protection (CYPs) 2012 Inded protection (CYPs) 2014 Inded pregnancia Index pregnancia In	2014 ies averted due ' 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service 2021 1,358,177  Soul	720,000  180,000  760  provision da  2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 Inded pregnanci 440,000 Inded pregnanci 440,000 Inded pregnanci 109,000 Inded protection (CYPs) 2012 816,408  Comes  Trate (per 1000 with a re uninten	2014 ies averted due ' 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520  2014 966,319	2016 craceptive use 510,000 ve use 128,000 ve use 540  2015 1,091,942	540,000 135,000 570 2016 1,291,241	570,000 141,000 600 <b>2017</b> 1,243,560	590,000 149,000 630 <b>2018</b> 1,454,633	620,000 156,000 660 2019 1,488,640 Va	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service  2021  1,358,177  Sou  2018	720,000  180,000  760  provision da  2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2 Fertility Outco Adolescent birth r	2013 ended pregnanci 440,000 e abortions aver 109,000 nal deaths avert 460 rotection (CYPs) 2012 816,408  Omes rate (per 1000 w	2014 ies averted due ' 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520	2016 traceptive use 510,000 ve use 128,000 ve use 540 2015	540,000 135,000 570 2016	570,000 141,000 600 <b>2017</b>	590,000 149,000 630 <b>2018</b>	620,000 156,000 660 2019 1,488,640	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service 2021 1,358,177  Soul	720,000  180,000  760  provision dat 2022
Number of uninte 410,000 Number of unsafe 102,000 Number of materr 430 Couple Years of Pr Source DHIS2 Fertility Outco	2013 ended pregnanci 440,000 e abortions aver 109,000 nal deaths avert 460 rotection (CYPs) 2012 816,408  Omes rate (per 1000 w	2014 ies averted due ' 460,000 ted due to mode 116,000 ted due to mode 490  2013 1,062,907	2015 to modern cont 490,000 ern contracepti 122,000 ern contraceptiv 520  2014 966,319	2016 craceptive use 510,000 ve use 128,000 ve use 540  2015 1,091,942	540,000 135,000 570 2016 1,291,241	570,000 141,000 600 <b>2017</b> 1,243,560	590,000 149,000 630 <b>2018</b> 1,454,633	620,000 156,000 660 2019 1,488,640 Va	660,000  164,000  690  Calculated from 2020 1,338,706	690,000  172,000  730  7 routine service  2021  1,358,177  Sou  2018	720,000  180,000  760  provision data 2022

Source : Family Planning Estimation Tool (FPET)

#### Contraceptive Use, Availability, and Discontinuation by Method

Modern Contrace	ptive Method Mix		
Long-Acting	Sterilization (female)	2.6%	Source
and	Sterilization (male)	0.0%	2018 DHS
Permanent	IUD	1.5%	
Methods	Implant	17.9%	
	Injectable	52.8%	
	Pill	14.4%	Population
Ch I. T	Condom (Male)	8.8%	All Women
Short-Term Methods	Condom (Female)	0.0%	
Wictilous	LAM	1.2%	
	Standard Days method	0.0%	
	Other Modern Methods	0.9%	

Percentage of facilities stocked out, by method offered, on the day of assessment									
Long-Acting	Sterilization (female)	4.7%	Source						
and	Sterilization (male)	9.5%	UNFPA SDP						
Permanent	IUD	31.3%	Survey						
Methods	Implant	28.9%	_						
	Injectable	15.2%	<del></del>						
	Pill	16.6%	 Year						
Short-Term	Condom (Male)	8.5%	2020						
Methods	Condom (Female)	44.1%	_						
	Emergency Contraception	74.9%	_						
	Other modern methods		_						

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on	day of assessment		
	56%	UNFPA SDP Survey	2020
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception availal	ble on day of assessment		
	93%	UNFPA SDP Survey	2020

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**									
	IUD	Implant	Injectable	Pill	Condom (male)	Source			
Discontinuation while in need		7.1%	19.5%	25.7%	14.4%	2018 DHS			
Discontinuation while not in need		2.3%	10.4%	14.4%	13.2%	2016 DH3			
Total discontinuation (all reasons)		11.6%	34.0%	51.3%	45.2%				
Switching to a different method		2.2%	3.8%	11.1%	16.7%				

#### **Contraceptive Services and Decision-Making**

	Value	Source	Population				
Method Information Index**	'						
	69%	2018 DHS	All Women				
Percentage of women who received family planning information during a contact with a health service provider **							
	29%	2018 DHS	All Women				
Percent of current modern contraceptive users who last obtained their family planning method	from each source (All Method	5) **					
Public	89%						
Private Medical	9%	2018 DHS					
Other	2%						
Percentage of women who decided to use family planning alone or jointly with their husbands/	partners **		•				
	89%	2018 DHS					

#### Investment in Family Planning

Annual expenditure on family planning from government domestic budget (USD \$)									
Source	2016	2017	2018	2019	2020	2021	2022	2023	
FPSA						\$ 50,785,986	\$ 41,560,937		

### Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

Traditional Contrac	eptive obe ara i	iot meet the rep	or tirry tirr corrore	Tree among me	arrica tromicm		oo io not report	ta jor timo courre			
2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women											
Married Women											
Unmarried Wome	n										

#### Notes

- --- indicates no data post 2012 was available
- \* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women
- \*\* Additional diaggregation or details available in the full data set.

