



Over the years, Track20 has trained hundreds of individuals on their innovative tools and approaches, from government officials and monitoring and evaluation officers, to implementing partners and donors. Track20 staff are known for their ability to communicate complex concepts in a clear way that grounds the material in the learner's context, highlighting the practical application of data and model outputs. Because in-person trainings are not always possible, Track20 is expanding its offering of online trainings.

In an effort to expand access to these training materials, Track20 has launched a series of comprehensive training modules that can be used by individual learners to self-teach the material, as refreshers for those already trained, or by educators to create curricula around Track20 Tools and proven monitoring and costing methodologies for the next generation of family planning (FP) monitoring and evaluation practitioners. Training modules include a variety of resources that users can access at their own speed and on their own schedule. Resources vary by training, but may include:

- ◆ PowerPoint presentations with detailed speaker notes
- ◆ Practical exercises and solutions to provide hands-on learning
- ◆ Short quizzes and answer keys to check learning and content comprehension
- ◆ Handouts for easy reference
- ◆ Links to other recommended resources to supplement training materials and deepen understanding
- ◆ Instructional videos to walk through more complex concepts and data interpretations

The following trainings are freely available on the Track20 website and new trainings will be added in the future.



## Family Planning Estimation Tool (FPET) Training Module

The **Family Planning Estimation Tool (FPET)** is a key component of Track20's approach, and Monitoring and Evaluation (M&E) Officers around the world have been trained on its use and benefits. Initially developed to generate annual estimates of key FP indicators to aid monitoring country progress for FP2020, FPET has evolved to become a go-to tool for Governments, partners and donors alike. In fact, FPET has been adopted as the official source for estimates for several countries. FPET uses all available data to develop annual estimates of mCPR, unmet need, and demand for family planning satisfied by modern methods beyond the date of the last survey and into the future. Having these more recent estimates without waiting for a new survey gives countries the information they need to better monitor progress, estimate how mCPR and unmet need are changing in response to current programming, and make necessary adjustments to accelerate progress toward their FP goals.

As the user moves through the FPET Training Module they learn about why the tool was developed and how it has contributed to FP monitoring; what kinds of data FPET uses and what role each type plays; how to use the tool to generate national and subnational estimates of key FP indicators; how to create custom databases to reflect their country's available data; including service statistics to refine estimates; how to interpret FPET's numerical and graphic results; and how to use FPET results to inform decision making.



## Estimated Modern Use (EMU) Training Module

This training covers both the service-statistics based indicator **Estimated Modern Use (EMU)** and the **SS to EMU Tool**, used to generate it. EMU is intended to represent the coverage of a family planning program over a year, and was developed by Track20 to help countries track changes in trends between surveys, and to be used as a cross-country, international FP indicator. The SS to EMU Tool transforms available FP service statistics into EMU and calculates annual growth rate and method mix. Through the process of using the SS to EMU Tool, the user also completes a comprehensive data quality review that includes data visualizations that facilitate identification of outliers and data anomalies, facilitating follow-up on possible data quality issues, and benchmarking of EMU against other data sources. Once calculated, a country's EMU can be used for national, sub-national and global monitoring, or as an input to Track20's Family Planning Estimation Tool (FPET) to increase the confidence of annual estimates. Several countries have incorporated EMU into their HMIS systems and USAID projects have adopted the indicator as part of their routine reporting.

The training provides background on the development of EMU, step-by-step directions on using the SS to EMU Tool, and guidance on how to leverage the EMU metric and outputs from the SS to EMU Tool.

*Continue to the next page to learn about Track20's FP Costing Trainings & other resources...*

# Track20 Online Trainings & Resources

Costing and economic evaluation are becoming increasingly valued as sources of critical data to inform country programming and global FP investments. While cost data for HIV/AIDS and other health areas has long been available and used strategically, there has been a dearth of costing data available for FP. Track20 is working to increase the FP cost data available, and wants to encourage others to contribute to this effort and increase the use of cost data and evaluation in strategic planning and budgeting.

Two new FP Costing Trainings are available to provide more information on the basics of FP costing and economic evaluation and Track20's preferred approach to collect primary cost data for FP, Activity-based Costing and Management.



## FP Costing 101: Costing and Economic Evaluation for Family Planning Programs

This introductory training provides FP professionals with the **tools to conduct basic costing exercises and analyses**. Cost data is a critical input to inform decision making and can be used in a variety of ways: as a planning tool to help identify priority activities that fit within a set budget, or as an oversight tool to monitor annual spending to support interventions. This training will explain the basics of costing and how can it be used to strengthen FP programs, what information costing can provide, and how to interpret and use the results. This training will equip FP professionals with the tools to understand the theory and methodology behind costing and economic evaluation and how to use them as program planning tools and facilitate country or program-specific costing trainings using the provided training materials.



## Introduction to Activity-based Costing and Management (ABC/M)

Track20 is utilizing the **Activity-Based Costing and Management (ABC/M) Approach** to obtain primary cost data at the facility level, an approach which identifies specific resources used when delivering a health service. Originally applied in manufacturing processes, ABC/M has been implemented by PEPFAR over the last several years and forms a core part of their new strategy going forward. ABC/M is a more streamlined approach to gathering cost data and can become part of routine data collection efforts. The results will better inform decision-making on a routine basis for more financially sustainable and effective health care.

This training will provide an introduction to the ABC/M approach for family planning; an overview of the process, data and tools needed to conduct a country application (process maps, interview guides and data collection forms, etc.); and additional costing resources.

## FP Unit Cost Database

As part of its work to improve the measurement and tracking of global FP programming, Track20 developed an **FP unit cost database (UCD)**. Prior to this database, no global database focused on FP cost data existed, making it difficult for FP program implementers to effectively plan for programs, or to budget for FP programming within national health plans. The development of a global, open access, database can help inform national strategic plans and allocation of FP funding in a more strategic, data-driven manner. The UCD is being expanded all the time and is available on the Track20 website.

## Access Track20 Code Online!

In an effort to further increase transparency and promote further development of innovative analytic tools, Track20 is now making the code for numerous, commonly used Track20 analyses available for download on GitHub in R and/or Stata. This includes:

- ◆ Code to calculate FP2030 Core Indicators from survey data (DHS, MICS, and PMA)
- ◆ Code to calculate EMU at national and subnational levels
- ◆ Code for analysis of the impact of COVID-19 on Family Planning programs
- ◆ Code for popular Track20 interactive Shiny App Models:
  - ◆ Potential Market for Subcutaneous and injectable Model
  - ◆ Maximum CPR model

Learn more about Track20 Tools and Trainings @ [http://www.track20.org/pages/track20\\_tools/tools.php](http://www.track20.org/pages/track20_tools/tools.php)

Access the FP Unit Cost Database @ [http://www.track20.org/pages/monitoring/fp\\_unit\\_cost.php](http://www.track20.org/pages/monitoring/fp_unit_cost.php)

Visit Track20's GitHub @ [Track20 \(Track20\) / Repositories · GitHub](#)