

# DR Congo

## FP2030 Indicator Summary Sheet: 2025 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

|  | 2012  | 2013      | 2014      | 2015      | 2016      | 2017      | 2018      | 2019      | 2020      | 2021      | 2022      | 2023      | 2024      | 2025      |
|--|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| All Women  | Total users of modern methods of contraception*   |           |           |           |           |           |           |           |           |           |           |           |           |           |
|  | 1,250,000   | 1,350,000 | 1,460,000 | 1,580,000 | 1,710,000 | 1,840,000 | 1,970,000 | 2,040,000 | 2,110,000 | 2,190,000 | 2,260,000 | 2,360,000 | 2,520,000 | 2,710,000 |
|  | Modern contraceptive prevalence rate (mCP)  |           |           |           |           |           |           |           |           |           |           |           |           |           |
|  | 7.7%  | 8.1%      | 8.4%      | 8.8%      | 9.2%      | 9.5%      | 9.9%      | 9.9%      | 9.9%      | 10.0%     | 10.0%     | 10.0%     | 10.4%     | 10.8%     |
|  | Percentage of women estimated to have an unmet need for modern methods of contraception (mUN) |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 33.2%  | 33.2%   | 33.0%     | 32.8%     | 32.5%     | 32.3%     | 32.0%     | 31.6%     | 31.1%     | 30.6%     | 30.1%     | 29.6%     | 29.3%     | 29.2%     |           |
| Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS) |   |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 18.9%  | 19.5%   | 20.3%     | 21.1%     | 21.9%     | 22.8%     | 23.5%     | 24.0%     | 24.3%     | 24.6%     | 24.9%     | 25.3%     | 26.1%     | 26.9%     |           |

|  | 2012  | 2013    | 2014    | 2015    | 2016    | 2017      | 2018      | 2019      | 2020      | 2021      | 2022      | 2023      | 2024      | 2025      |
|--|---|---------|---------|---------|---------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Married Women  | Total users of modern methods of contraception  |         |         |         |         |           |           |           |           |           |           |           |           |           |
|  | 740,000   | 780,000 | 850,000 | 910,000 | 990,000 | 1,070,000 | 1,140,000 | 1,190,000 | 1,240,000 | 1,290,000 | 1,350,000 | 1,400,000 | 1,480,000 | 1,570,000 |
|  | Modern contraceptive prevalence rate (mCP)  |         |         |         |         |           |           |           |           |           |           |           |           |           |
|  | 7.4%  | 7.7%    | 8.1%    | 8.5%    | 8.9%    | 9.4%      | 9.8%      | 10.0%     | 10.2%     | 10.4%     | 10.6%     | 10.8%     | 11.2%     | 11.5%     |
|  | Percentage of women estimated to have an unmet need for modern methods of contraception (mUN) |         |         |         |         |           |           |           |           |           |           |           |           |           |
| 40.5%  | 40.6%   | 40.6%   | 40.5%   | 40.5%   | 40.6%   | 40.5%     | 40.4%     | 40.3%     | 40.2%     | 39.9%     | 39.7%     | 39.6%     | 39.5%     |           |
| Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS) |   |         |         |         |         |           |           |           |           |           |           |           |           |           |
| 15.5%  | 15.9%   | 16.6%   | 17.3%   | 18.1%   | 18.8%   | 19.5%     | 20.0%     | 20.3%     | 20.7%     | 21.1%     | 21.5%     | 22.0%     | 22.6%     |           |

|  | 2012  | 2013    | 2014    | 2015    | 2016    | 2017    | 2018    | 2019    | 2020    | 2021    | 2022    | 2023    | 2024      | 2025      |
|--|---|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|-----------|-----------|
| Unmarried Women  | Total users of modern methods of contraception  |         |         |         |         |         |         |         |         |         |         |         |           |           |
|  | 510,000   | 560,000 | 600,000 | 650,000 | 710,000 | 760,000 | 820,000 | 850,000 | 870,000 | 890,000 | 910,000 | 950,000 | 1,030,000 | 1,130,000 |
|  | Modern contraceptive prevalence rate (mCP)  |         |         |         |         |         |         |         |         |         |         |         |           |           |
|  | 8.2%  | 8.6%    | 8.8%    | 9.1%    | 9.4%    | 9.6%    | 9.8%    | 9.7%    | 9.5%    | 9.3%    | 9.1%    | 9.0%    | 9.4%      | 9.8%      |
|  | Percentage of women estimated to have an unmet need for modern methods of contraception (mUN) |         |         |         |         |         |         |         |         |         |         |         |           |           |
| 21.4%  | 21.6%   | 21.3%   | 21.1%   | 20.8%   | 20.6%   | 20.1%   | 19.6%   | 18.9%   | 18.3%   | 17.6%   | 17.2%   | 16.9%   | 16.7%     |           |
| Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS) |   |         |         |         |         |         |         |         |         |         |         |         |           |           |
| 27.7%  | 28.5%   | 29.3%   | 30.2%   | 31.1%   | 31.9%   | 32.6%   | 33.3%   | 33.5%   | 33.8%   | 34.2%   | 34.6%   | 35.6%   | 36.8%     |           |

### Impacts of Modern Contraceptive Use among All Women

|  | 2012    | 2013    | 2014    | 2015    | 2016    | 2017    | 2018    | 2019    | 2020    | 2021    | 2022    | 2023    | 2024    | 2025 |
|--|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|------|
| Number of unintended pregnancies averted due to modern contraceptive use |         |         |         |         |         |         |         |         |         |         |         |         |         |      |
| 390,000  | 430,000 | 460,000 | 500,000 | 540,000 | 580,000 | 620,000 | 650,000 | 670,000 | 690,000 | 720,000 | 750,000 | 800,000 | 860,000 |      |
| Number of unsafe abortions averted due to modern contraceptive use       |         |         |         |         |         |         |         |         |         |         |         |         |         |      |
| 97,000   | 105,000 | 114,000 | 123,000 | 134,000 | 144,000 | 154,000 | 159,000 | 165,000 | 171,000 | 177,000 | 184,000 | 197,000 | 212,000 |      |
| Number of maternal deaths averted due to modern contraceptive use        |         |         |         |         |         |         |         |         |         |         |         |         |         |      |
| 1,300  | 1,400   | 1,500   | 1,600   | 1,700   | 1,900   | 2,000   | 2,100   | 2,100   | 2,200   | 2,300   | 2,400   | 2,600   | 2,800   |      |

#### Couple Years of Protection (CYPs)

Calculated from routine service provision data

| Source | 2012 | 2013 | 2014 | 2015 | 2016 | 2017      | 2018      | 2019      | 2020      | 2021      | 2022      | 2023      | 2024      |
|--------|------|------|------|------|------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| DHS2   | ---  | ---  | ---  | ---  | ---  | 1,430,605 | 2,032,636 | 2,323,884 | 2,605,727 | 2,905,277 | 3,096,731 | 3,762,179 | 3,291,875 |

### Fertility Outcomes

|  | Value | Source      |
|--|-------|-------------|
| Adolescent birth rate (per 1000 women 15-19) | 91    | 2023-24 DHS |
| Percent of births that are unintended        | 35%   | 2023-24 DHS |

|  | 2012      | 2013      | 2014      | 2015      | 2016      | 2017      | 2018      | 2019      | 2020      | 2021      | 2022      | 2023      | 2024      | 2025 |
|--|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------|
| Estimated Number of Unintended Pregnancies |           |           |           |           |           |           |           |           |           |           |           |           |           |      |
| 1,740,000                                  | 1,790,000 | 1,840,000 | 1,890,000 | 1,940,000 | 2,020,000 | 2,090,000 | 2,140,000 | 2,190,000 | 2,250,000 | 2,300,000 | 2,360,000 | 2,410,000 | 2,460,000 |      |

## Contraceptive Use, Availability, and Discontinuation by Method

| Modern Contraceptive Method Mix   |                        |       |                           |
|-----------------------------------|------------------------|-------|---------------------------|
| Long-Acting and Permanent Methods | Sterilization (female) | 7.2%  | Source<br>2023 - 2024 DHS |
|                                   | Sterilization (male)   | 0.0%  |                           |
|                                   | IUD                    | 0.0%  |                           |
| Short-Term Methods                | Implant                | 23.7% | Population<br>All Women   |
|                                   | Injectable             | 11.3% |                           |
|                                   | Pill                   | 9.3%  |                           |
|                                   | Condom (Male)          | 21.6% |                           |
|                                   | Condom (Female)        | 0.0%  |                           |
|                                   | LAM                    | 0.0%  |                           |
|                                   | Standard Days method   | 16.5% |                           |
|                                   | Other Modern Methods   | 10.3% |                           |

| Percentage of facilities stocked out, by method offered, on the day of assessment |                         |       |                            |
|---|-------------------------|-------|----------------------------|
| Long-Acting and Permanent Methods   | Sterilization (female)  | n/a   | Source<br>UNFPA SDP Survey |
|   | Sterilization (male)    | n/a   |                            |
|   | IUD                     | 44.2% |                            |
| Short-Term Methods  | Implant                 | 25.6% | Year<br>2021               |
|   | Injectable              | 29.7% |                            |
|   | Pill                    | 32.0% |                            |
|   | Condom (Male)           | 44.0% |                            |
|   | Condom (Female)         | 49.7% |                            |
|   | Emergency Contraception | 58.0% |                            |
|   | Other modern methods    | n/a   |                            |

|  | Value | Source           | Year |
|--|-------|------------------|------|
| Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment       | 75%   | UNFPA SDP Survey | 2021 |
| Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment | 56%   | UNFPA SDP Survey | 2021 |

| Contraceptive Discontinuation Rates and Method Switching (first 12 months)** |     |         |            |       |               |             |
|--|-----|---------|------------|-------|---------------|-------------|
|  | IUD | Implant | Injectable | Pill  | Condom (male) | Source      |
| Discontinuation while in need  | --- | 19.2%   | 45.8%      | 44.0% | 26.1%         | 2023-24 DHS |
| Discontinuation while not in need  | --- | 10.9%   | 21.9%      | 19.6% | 27.4%         |             |
| Total discontinuation (all reasons)  | --- | 30.2%   | 67.7%      | 63.6% | 53.6%         |             |
| Switching to a different method  | --- | 1.0%    | 5.5%       | 3.2%  | 4.5%          |             |

## Contraceptive Services and Decision-Making

|  | Value | Source      | Population |
|--|-------|-------------|------------|
| Method Information Index**   | 15%   | 2023-24 DHS | All Women  |
| Percentage of women who received family planning information during a contact with a health service provider **                | 8%    | 2023-24 DHS | All Women  |
| Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) ** |       |             |            |
| Public   | 37%   | 2023-24 DHS | ---        |
| Private Medical  | 56%   |             |            |
| Other  | 0%    |             |            |
| Percentage of women who decided to use family planning alone or jointly with their husbands/partners **                        | 63%   | 2023-24 DHS | ---        |

## Investment in Family Planning

| Annual expenditure on family planning from government domestic budget (USD \$) |      |      |      |      |      |      |      |      |             |              |              |      |      |
|--|------|------|------|------|------|------|------|------|-------------|--------------|--------------|------|------|
| Source   | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020        | 2021         | 2022         | 2023 | 2024 |
| FPSA   | ---  | ---  | ---  | ---  | ---  | ---  | ---  | ---  | \$9,894,513 | \$11,451,878 | \$12,391,825 | ---  | ---  |

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2025).

|                 | 2012  | 2013  | 2014  | 2015  | 2016  | 2017  | 2018  | 2019  | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|------|------|------|------|------|------|
| All Women       | 11.4% | 11.2% | 10.8% | 10.4% | 9.9%  | 9.6%  | 9.1%  | 8.6%  | 8.1% | 7.6% | 7.1% | 6.6% | 6.5% | 6.5% |
| Married Women   | 13.0% | 12.8% | 12.4% | 12.0% | 11.4% | 11.1% | 10.4% | 10.0% | 9.6% | 9.1% | 8.6% | 8.2% | 8.1% | 8.1% |
| Unmarried Women | 8.8%  | 8.5%  | 8.2%  | 7.9%  | 7.7%  | 7.3%  | 6.9%  | 6.5%  | 6.0% | 5.5% | 5.1% | 4.7% | 4.4% | 4.4% |

### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.